

Table No.	Table Name
Ultimate Buy and Hold Tables	
n/a	Ultimate Buy and Hold Equity (50% US / 50% Int'l) Portfolio Tables for 2019 Returns
n/a	Ultimate Buy and Hold Equity (70% US / 30% Int'l) Portfolio Tables for 2019 Returns
Fine Tuning Tables	
1	Fine Tuning Table - S&P 500 Equity Portfolio
2	Fine Tuning Table - UBH Worldwide Equity Portfolio (50% US / 50% Int'l)
3	Fine Tuning Table - UBH Worldwide Equity Portfolio (70% US / 30% Int'l)
4	Fine Tuning Table - UBH All Value Equity Portfolio (50% US / 50% Int'l)
5	Fine Tuning Table - UBH All Value Equity Portfolio (70% US / 30% Int'l)
6	Fine Tuning Table - US SCV Equity Portfolio
Fixed Distribution Tables (BoY Distributions)	
7	Fixed Distribution Schedule: S&P 500 - Very Conservative (\$30,000)
8	Fixed Distribution Schedule: S&P 500 - Conservative (\$40,000)
9	Fixed Distribution Schedule: S&P 500 - Moderate (\$50,000)
10	Fixed Distribution Schedule: S&P 500 - Aggressive (\$60,000)
11	Fixed Distribution Schedule: Worldwide (50/50) - Very Conservative (\$30,000)
12	Fixed Distribution Schedule: Worldwide (50/50) - Conservative (\$40,000)
13	Fixed Distribution Schedule: Worldwide (50/50) - Moderate (\$50,000)
14	Fixed Distribution Schedule: Worldwide (50/50) - Aggressive (\$60,000)
15	Fixed Distribution Schedule: Worldwide (70/30) - Very Conservative (\$30,000)
16	Fixed Distribution Schedule: Worldwide (70/30) - Conservative (\$40,000)
17	Fixed Distribution Schedule: Worldwide (70/30) - Moderate (\$50,000)
18	Fixed Distribution Schedule: Worldwide (70/30) - Aggressive (\$60,000)
19	Fixed Distribution Schedule: All Value (50/50) - Very Conservative (\$30,000)
20	Fixed Distribution Schedule: All Value (50/50) - Conservative (\$40,000)
21	Fixed Distribution Schedule: All Value (50/50) - Moderate (\$50,000)
22	Fixed Distribution Schedule: All Value (50/50) - Aggressive (\$60,000)
23	Fixed Distribution Schedule: All Value (70/30) - Very Conservative (\$30,000)
24	Fixed Distribution Schedule: All Value (70/30) - Conservative (\$40,000)
25	Fixed Distribution Schedule: All Value (70/30) - Moderate (\$50,000)
26	Fixed Distribution Schedule: All Value (70/30) - Aggressive (\$60,000)
Fixed Distribution Tables (EoY Distributions)	
8a	Fixed (EoY) Distribution Schedule: S&P 500 - Conservative (\$40,000)
12a	Fixed (EoY) Distribution Schedule: Worldwide (50/50) - Conservative (\$40,000)
16a	Fixed (EoY) Distribution Schedule: Worldwide (70/30) - Conservative (\$40,000)
20a	Fixed (EoY) Distribution Schedule: All Value (50/50) - Conservative (\$40,000)
24a	Fixed (EoY) Distribution Schedule: All Value (70/30) - Conservative (\$40,000)

Table No.	Table Name
Flexible Distribution Tables (BoY Distributions)	
27	Flexible Distribution Schedule: S&P 500 - Very Conservative (3%)
28	Flexible Distribution Schedule: S&P 500 - Conservative (4%)
29	Flexible Distribution Schedule: S&P 500 - Moderate (5%)
30	Flexible Distribution Schedule: S&P 500 - Aggressive (6%)
31	Flexible Distribution Schedule: Worldwide (50/50) - Very Conservative (3%)
32	Flexible Distribution Schedule: Worldwide (50/50) - Conservative (4%)
33	Flexible Distribution Schedule: Worldwide (50/50) - Moderate (5%)
34	Flexible Distribution Schedule: Worldwide (50/50) - Aggressive (6%)
35	Flexible Distribution Schedule: Worldwide (70/30) - Very Conservative (3%)
36	Flexible Distribution Schedule: Worldwide (70/30) - Conservative (4%)
37	Flexible Distribution Schedule: Worldwide (70/30) - Moderate (5%)
38	Flexible Distribution Schedule: Worldwide (70/30) - Aggressive (6%)
39	Flexible Distribution Schedule: All Value (50/50) - Very Conservative (3%)
40	Flexible Distribution Schedule: All Value (50/50) - Conservative (4%)
41	Flexible Distribution Schedule: All Value (50/50) - Moderate (5%)
42	Flexible Distribution Schedule: All Value (50/50) - Aggressive (6%)
43	Flexible Distribution Schedule: All Value (70/30) - Very Conservative (3%)
44	Flexible Distribution Schedule: All Value (70/30) - Conservative (4%)
45	Flexible Distribution Schedule: All Value (70/30) - Moderate (5%)
46	Flexible Distribution Schedule: All Value (70/30) - Aggressive (6%)
Fixed Contribution Tables (Monthly Contributions)	
47	Fixed Contribution Schedule: S&P 500 (\$1,000/yr)
48	Fixed Contribution Schedule: Worldwide (50/50) (\$1,000/yr)
49	Fixed Contribution Schedule: Worldwide (70/30) (\$1,000/yr)
50	Fixed Contribution Schedule: All Value (50/50) (\$1,000/yr)
51	Fixed Contribution Schedule: All Value (70/30) (\$1,000/yr)
52	Fixed Contribution Schedule: US SCV (\$1,000/yr)
4-Fund Combo Tables	
n/a	Ultimate Buy and Hold Equity (4-Fund Combo) Portfolio Tables for 2019 Returns
53	Fine Tuning Table - 4-Fund Combo Equity Portfolio
54	Fixed Distribution Schedule: 4-Fund Combo - Very Conservative (\$30,000)
55	Fixed Distribution Schedule: 4-Fund Combo - Conservative (\$40,000)
56	Fixed Distribution Schedule: 4-Fund Combo - Moderate (\$50,000)
57	Fixed Distribution Schedule: 4-Fund Combo - Aggressive (\$60,000)
55a	Fixed (EoY) Distribution Schedule: 4-Fund Combo - Conservative (\$40,000)
58	Flexible Distribution Schedule: 4-Fund Combo - Very Conservative (3%)
59	Flexible Distribution Schedule: 4-Fund Combo - Conservative (4%)
60	Flexible Distribution Schedule: 4-Fund Combo - Moderate (5%)
61	Flexible Distribution Schedule: 4-Fund Combo - Aggressive (6%)
62	Fixed Contribution Schedule: 4-Fund Combo (\$1,000/yr)

Spreadsheet Tab Name
UBH Tables [50/50]
UBH Tables [70/50]
FT Table (S&P)
FT Table (WW) [50/50]
FT Table (WW) [70/30]
FT Table (AV) [50/50]
FT Table (AV) [70/30]
FT Table (US SCV)
Fixed \$30K - S&P (BoY)
Fixed \$40K - S&P (BoY)
Fixed \$50K - S&P (BoY)
Fixed \$60K - S&P (BoY)
Fixed \$30K - WW (BoY) [50/50]
Fixed \$40K - WW (BoY) [50/50]
Fixed \$50K - WW (BoY) [50/50]
Fixed \$60K - WW (BoY) [50/50]
Fixed \$30K - WW (BoY) [70/30]
Fixed \$40K - WW (BoY) [70/30]
Fixed \$50K - WW (BoY) [70/30]
Fixed \$60K - WW (BoY) [70/30]
Fixed \$30K - AV (BoY) [50/50]
Fixed \$40K - AV (BoY) [50/50]
Fixed \$50K - AV (BoY) [50/50]
Fixed \$60K - AV (BoY) [50/50]
Fixed \$30K - AV (BoY) [70/30]
Fixed \$40K - AV (BoY) [70/30]
Fixed \$50K - AV (BoY) [70/30]
Fixed \$60K - AV (BoY) [70/30]
Fixed \$40K - S&P (EoY)
Fixed \$40K - WW (EoY) [50/50]
Fixed \$40K - WW (EoY) [70/30]
Fixed \$40K - AV (EoY) [50/50]
Fixed \$40K - AV (EoY) [70/30]

Spreadsheet Tab Name
Flex 3% - S&P (BoY)
Flex 4% - S&P (BoY)
Flex 5% - S&P (BoY)
Flex 6% - S&P (BoY)
Flex 3% - WW (BoY) [50/50]
Flex 4% - WW (BoY) [50/50]
Flex 5% - WW (BoY) [50/50]
Flex 6% - WW (BoY) [50/50]
Flex 3% - WW (BoY) [70/30]
Flex 4% - WW (BoY) [70/30]
Flex 5% - WW (BoY) [70/30]
Flex 6% - WW (BoY) [70/30]
Flex 3% - AV (BoY) [50/50]
Flex 4% - AV (BoY) [50/50]
Flex 5% - AV (BoY) [50/50]
Flex 6% - AV (BoY) [50/50]
Flex 3% - AV (BoY) [70/30]
Flex 4% - AV (BoY) [70/30]
Flex 5% - AV (BoY) [70/30]
Flex 6% - AV (BoY) [70/30]
Fixed \$1K - S&P
Fixed \$1K - WW [50/50]
Fixed \$1K - WW [70/30]
Fixed \$1K - AV [50/50]
Fixed \$1K - AV [70/30]
Fixed \$1K - USSCV
UBH Tables [4FC]
FT Table (4FC)
Fixed \$30K - 4FC (BoY)
Fixed \$40K - 4FC (BoY)
Fixed \$50K - 4FC (BoY)
Fixed \$60K - 4FC (BoY)
Fixed \$40K - 4FC (EoY)
Flex 3% - 4FC (BoY)
Flex 4% - 4FC (BoY)
Flex 5% - 4FC (BoY)
Flex 6% - 4FC (BoY)
Fixed \$1K - 4FC